



CENTURYCITY LIFE

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MARCH 2009 ISSUE 22



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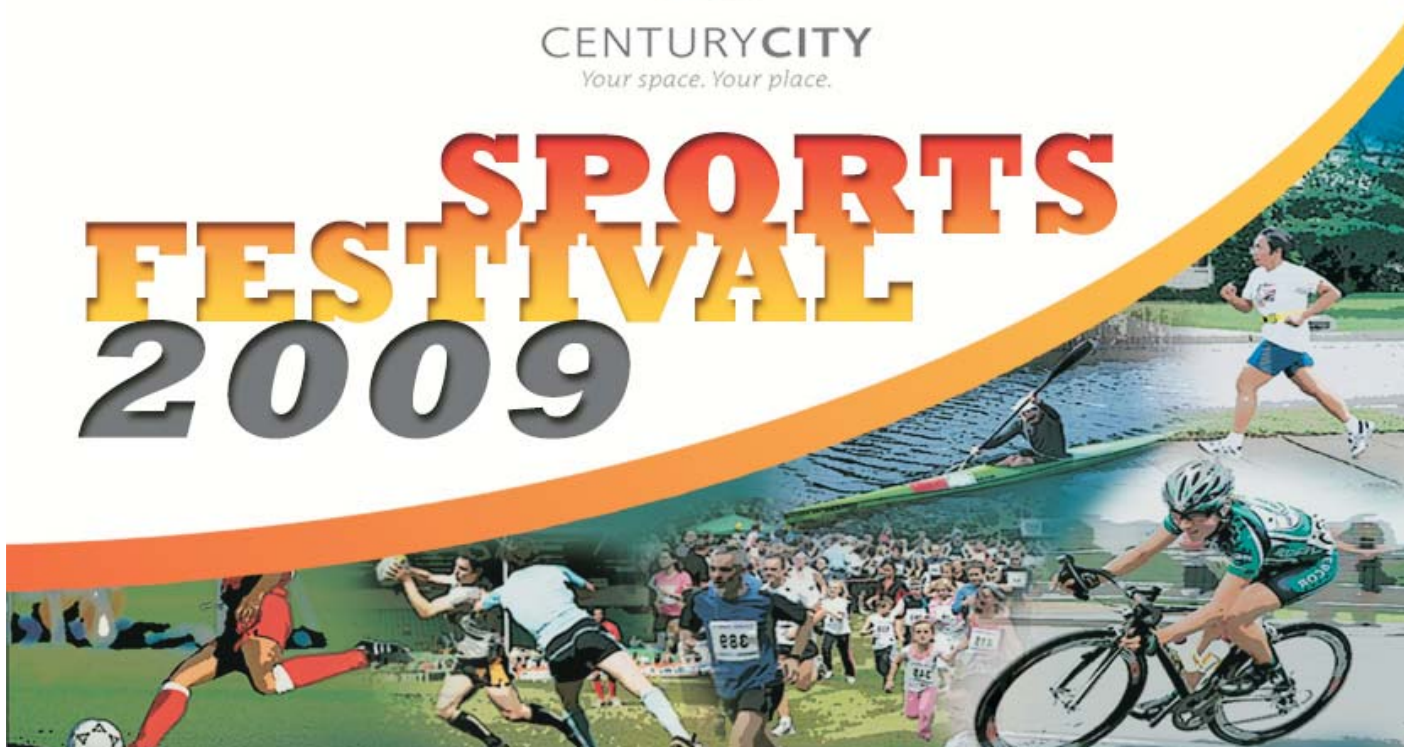
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CENTURY CITY TO STAGE SPORTS FESTIVAL



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SPORTS FESTIVAL 2009



Century City will be hosting an exciting two-day Sports Festival in March with fun, food and entertainment for the whole family.

The Century City Sports Festival, which is set to become an annual event, will be held in Central Park, Century City on Saturday 21 March and Sunday 22 March.

Aimed at both corporate teams and individual participants, the festival will kick off with an 8km Fun Run on a safe, circular route around Century City at 8am on Saturday. This will be followed at 8:15am by a 2,5km Family Run/Walk on a safe, scenic running trail along the Canal and around Intaka Island nature reserve. Both running events are open to the public with a nominal entry fee of R20 per person being charged. Entry forms are available on line at www.centurycity.co.za, from the Adidas store in Canal Walk or on the day. Registration starts at Central Park at 7am. Follow the pointer boards within Century City to the venue.

Cash prizes will be awarded to winners and places with all finishers receiving medals. The running events on Saturday will be followed by Corporate 5-A-Side Touch Rugby on Saturday afternoon with 32 teams competing, many from companies based at Century City. Sunday's festivities will start with Junior Canoe Marathons on Century City's waterways followed by Kermesse road circuit cycling races being organized by the City Cycling Club. The Corporate 5-A-Side Soccer tournament will take place at Central Park on Sunday afternoon with 40 teams competing.

Great spot prizes and lucky draws for participants will be held over the two days. Corporate teams wishing to participate in the five-a-side touch rugby and soccer tournaments should contact Daniel on 021 433 1155, 072 2121 053 or email him at Daniel@interactivesport.co.za.

A limited number of corporate sponsorship packages, which provide companies with great branding opportunities and a host of additional benefits, are available also through Daniel. *...continued on pg4*

CANAL WALK^{CW}
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CENTURY CITY SPORTS FESTIVAL

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The festival will offer all day fun, food and entertainment for the whole family with Canal Walk hosting a Kiddie's Corner near the field offering a wide range of entertainment including a jumping castle, a giant slide, face painting, balloons and free-style soccer jugglers. It is planned to grow this festival into an iconic annual event on the Century City calendar. For further information go to www.centurycity.co.za.

The sports festival is being sponsored by among others, the Century City Property Owners' Association, Canal Walk Shopping Centre, Adidas, Powerade, Rabie Property Group, Ratanga Junction, SMG and FNB Premiere.

CALENDAR OF EVENTS CENTURY CITY SPORTS FESTIVAL 21 & 22 MARCH 2009

SATURDAY 21 MARCH:

Road Running:

- 08h00: 8KM Fun Run
- 08h15: 2.5KM Family Run/Walk
- 09h15: Prize Giving including lucky draw etc.

Touch Rugby:

- 11h30 – 17h00: Corporate Touch Rugby
- 17h00 – 17h15: Prize Giving

SUNDAY 22 MARCH:

Cycling:

- 08h00 – 11h00: Cycling Kermesse Races including u/16; u/19; Vets; Elite; City Cycling Club Members Race and Century City Corporate Invitational
- 09h30: Prize Giving 1
- 11h00: Prize Giving 2

Canoeing:

- 09h00 – 11h30: Junior Canoe Marathons

Soccer:

- 12h00 – 19h00: 5-A-Side Corporate Soccer
- 19h00 – 19h15: Prize Giving

CENTURY CITY EVENTS

5-A-SIDE SOCCER LEAGUE



Following on from the Sports Festival, Century City will be launching internal 5-a-side Soccer and Touch Rugby Leagues for Century City based corporates and residents.

The Leagues will commence in mid-April with teams participating once a week over a period of 12 weeks to find out who is the best soccer and touch rugby teams in Century City.

CENTURY CITY ATHLETICS CLUB

The Century City Athletics Club, which boasts three-times Comrades Marathon winner Vladimir Kotov among its members, was officially launched on 24 February at the new Century City Clubhouse in Central Park.

With more than 50 inaugural members, the Club has weekly Club runs on Tuesday evenings from the Clubhouse along a variety of routes within the safe confines of Century City. The Club is in the process of securing official accreditation from the Western Province Athletics Association.

For further information or to join contact the chairman of the Club, Richard Kohler on 083 299 6569 or email him on richk@mweb.co.za.





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WHAT'S ON AT CENTURY CITY

THIRD "CENTURY RUN" TO BE HELD IN MARCH 2009



The Cape Vintage Motorcycle Club, in conjunction with the Triumph Motorcycle Owners' Club, is holding the third annual "Century Run" on 29 March 2009.

This informal gathering and 100km run will feature motorcycles and riders whose combined ages exceed 100 years. Open to the public, this growing event celebrates the camaraderie and fun of motorcycling of a bygone era. All Marques including side-cars and motor scooters are welcome.

Please note that Pillion or Side Car passengers will not have their ages added, and if you intend to trail your bike to the event, please remember to park it at the Multi-Motor club and not at Century City.

The event will start in E-parking close to Ratanga Junction and participants are encouraged to register at 9am for departure at 10am.

Entrance is free. Time Square Café in the nearby Colosseum, will be open from 8am for a buffet breakfast for all participants and spectators.

The route planned for the run will be through tarred roads in the scenic Contermanskloof / Durbanville Winelands and hills beyond. There will also be a shorter 16km route, created to encourage really old machines to participate without putting to much strain on machine and rider alike.

The event will culminate with a bring and braai at the Multi-Motor club in Parow.

For more information please contact Jerry Day on 082 833 3031



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WHAT'S ON AT CENTURY CITY

RATANGA JUNCTION OPEN FOR THE HOLIDAYS



Ratanga Junction theme park will open for the school holidays from Thursday 2 April until Tuesday 14 April.

It will also open for bonus days from Friday 24 April until Monday 27 April and from Friday 1 May until Sunday 3 May.

An exciting live entertainment programme will be on offer over and above the thrills and spills of the Ratanga rides.

Adventurer tickets, which give access to all the major rides bar separately ticketed attractions, cost R120; Mini-Adventurer tickets for those under 1,3m cost R60 and a Fun Pass which gives access to all live entertainment, boat and train rides cost R35.

BUSINESS NETWORKING FORUM



It's a brand new year, and we will be kicking off our Century City Business Networking Forum with a bang!

To be held on 25 March at 4:30pm at the new Century City Clubhouse, the first networking forum for 2009 promises to be well worth it. Look out for your invitations via email shortly.

MONDAY MOMS

DATE: Monday 2 March
WORKSHOP VENUE: Nu Metro Cinema 12, Canal Walk
WORKSHOP TIMES: 10am and 2pm (Bookings Essential)

Do you have a baby aged 0-3 years? Do you need to break away for some "baby-and-me" time?

Registration is FREE. The club gets together on the first Monday of each month and club members are invited to a FREE Baby Related Workshop. This month's workshop is entitled More than a mom. Speaker Lindy Bruce is mother of three children, inspirational speaker and author of "Motherhood and Me".

Registration forms are available from the Visitors' Information Centre (Entrance 2). Visit www.canalwalk.co.za for more information.



CANAL WALK BRIDAL FAIR

DATE: Thurs 5 – Sunday 8 March
VENUE: Centre wide, Canal Walk

The Canal Walk Bridal Fair, one of Cape Town's most admired and prestigious bridal fairs, will this year boast over 100 upmarket exhibitors.

From the wedding day to the honeymoon, from your dream gown to an exquisite romantic resort, the Canal Walk Bridal Fair will assist you in ensuring your dream day is everything you could have ever imagined, and more. Sponsored by Limousine Extreme, entry to the bridal fair is free.



Our "Win your Venue" competition provides the opportunity for one lucky engaged couple to stand a chance to win their venue and loads of desirable extras to the value of R50 000 at the spectacular Steenberg Estate.

For further details contact Cheryl Wade Events on 021 914 2852, 083 456 2879 or cheryl@cwe.co.za



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WHAT'S ON AT CENTURY CITY

CANSA SHAVATHON

DATE: Sat 7 March
VENUE: Centre wide, Canal Walk

Take part in the sixth national CANSA Shavathon by shaving your head or spraying your hair a multitude of colours for a R50 donation. You can also collect pledges from family and friends to help raise funds for CANSA's prevention programmes and patient care services.

"Shave or spray in solidarity with a cancer survivor" is the theme of this year's CANSA Shavathon because hair loss is a common side-effect of cancer treatment.

For more information see www.cansa.org.za or phone CANSA toll free on 0800 22 66 22 during office hours or email info@cansa.org.za



KIDS WORLD

Enter a world of fun!! Canal Walk Kids World is an on-line based kids club for children aged 4 -12 years. Kids World members receive monthly personalised newsletters with the latest information on events, movies, toys and other cool stuff.



To register, visit www.canalwalk.co.za and find the "Kids World" tab under "kids". Registration is instant and free of charge. Remember that you need to have a valid email address in order to register for Kids World.

WINE CLUB

DATE: Thurs 23 April
VENUE: La Piazza
TIMES: 6:30pm
COST: R100pp includes wine tasting, wine speaker, delicious food, wine & soft drinks



The Canal Walk Wine Club is a wine club which meets bi-monthly at one of Canal Walk's wonderful La Piazza restaurants to appreciate, enjoy and discover wine and delicious food.

Situated in the heart of South Africa's rich tradition of world-class viticulture, exceptional vineyards and compelling winemakers, wine is sampled from an outstanding bouquet of the Cape's finest wine estates.

For more information contact Michelle on 021 529 9635 or visit www.canalwalk.co.za.

CANAL WALK EXTREME MOTORSHOW

DATE: 30 April – 3 May

The Canal Walk Extreme Motorshow will set your heart racing from Thursday 30 April to Monday 3 May. Come and see all the latest makes and models of cars, motorbikes, 4x4s and just about everything else with wheels.



There are spectacular attractions for everyone at this top-class event with interactive activities, shows, races and loads of fun. There's also great fun for the kids who can participate in miniature car racing!

The Canal Walk Extreme Motorshow will offer children the opportunity to experience some of the excitement of motor racing in a safe, controlled environment.



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CENTURY CITY PROPERTY OWNERS' ASSOCIATION (CCPOA) NEWS

STAKEHOLDER INFO SESSION

An information session for stakeholders will be held at the Clubhouse, Central Park on March 26 from 3pm to 4:30pm.

The programme will include a presentation by Rabie director Greg Deans on the Cape Town City Council's planned Integrated Rapid Transport system and how this will effect Century City. He will cover, among other things, the planned Century City railway station as well as the Rapid Bus Transport system and the route it will take through our precinct.

You will also hear from Chris Blackshaw, CEO of the Century City Property Owners' Association about recent POA projects. If you would like to attend please RSVP to lynn@ccpoa.co.za

INTAKA ISLAND

The jewel of Century City, our 16ha award-winning Intaka Island nature conservation area, has seen visitor numbers grow significantly in recent years. Just under 4500 people visited Intaka during 2008, against 2700 in 2007, 1400 in 2006 and just over 1000 in 2005. These numbers exclude the 100 or so people who hold annual membership cards and visit regularly.



The steady growth in visitor numbers has been the result of a number of factors in particular the partnerships we have struck up with the MTN Sciencentre and the City Council's Youth Environment School (Yes) Programme. We are working at growing visitor numbers further going forward.

GRAND CANAL BOAT TRIPS



The CCPOA is now offering daily scenic boat trips from Intaka Island up the Grand Canal.



The boats can accommodate a maximum of 16 people per trip. Pre-booking is essential. To book telephone Anthea on 021 552 6889 (office hours) or go to the ticket office at the entrance to Intaka Island.

The cost is R10 for children and pensioners and R20 for adults, which includes free entry to Intaka Island.





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OPERATOR SOUGHT FOR CLUBHOUSE

An independent operator is being sought to run the Century City Clubhouse at Central Park. Interested parties should contact Mark Bezencon on 021 550 7000.



SPORTS TRAILS

You can now enjoy a gentle jog or brisk stroll on one of Century City's sports trails which will shortly offer measured distance and route markers in the paving to help you stay on track and on time.

There are currently four proposed measured trails on the drawing board ranging from 1,2km to 5,5km and details of these as well as a map will be carried on the website as soon as they have been confirmed.

CENTURY CITY CANOE CLUB



The Club, which already has 50 members, has moved from temporary facilities to its new home in the Century City Clubhouse at Central Park and is utilizing the new canoe storage facilities provided courtesy of the Century City Property Owners' Association.

The Club meets every Monday evening for time trials on Century City's 8km of navigable waterways.

For further details contact the chairman of the club, Charl Claasens on 082 859 3417 or at charl@nupower.co.za. Application forms to join and further details are also carried on the website.

Go to www.centurycitycanoeclub.co.za or alternatively you can access the site through the Century City website, www.centurycity.co.za under the play/sporting activities button.

NEW USER-FRIENDLY WEBSITE

Century City has a brand new website which has been designed to be more user friendly and representative of the rich diversity of our city.

To check it out go to www.centurycity.co.za. We welcome your feedback.

There is an online Century City directory on the website, and businesses based at Century City are encouraged to add themselves to the directory by filling out the online form on the site under DIRECTORY.



The Century City Canoe Club, which recently held its first AGM after its inaugural year of operation, will be hosting its first official event as part of the Century City Sports Festival.